

## 2019 Fruita Ladies Bike Cation

**Dates:** May 10-12, 2019



**Trip Description:** Join professional mountain biker Janae Pritchett and her team of coaches for a mountain biking adventure vacation and learning extravaganza in the beautiful desert country of Fruita and Grand Junction, Colorado. Each day you will ride in a different area of desert country, each with its own unique flavor, views, and trail styles. Daily skills sessions include vision, balance, body position, wheel lifts, cornering, switchbacks, obstacles, and more. We can accommodate a wide variety of riding levels, but each participant should have riding experience and be comfortable with daily rides ranging from 8 to 20 miles.

**Capacity:** 12 participants max, 2-3 guides

### **Tentative Itinerary:**

**May 10** - North Fruita Desert (18 Road) area trails  
9:00 AM Meet-up for morning coffee in downtown Fruita.  
10:00 - 3:00 Trail riding. Plan on 12-20 miles of riding.  
Post ride happy hour.

**May 11** - Mary's Loop / Kokepelli area trails  
8:30 AM Meet-up for coffee and breakfast.  
9:00 - 3:00 Trail riding. Plan on 12-20 miles of riding.  
Post ride happy hour.

**May 12** - Lunch Loops area trails or a new loop in the Mary's Loop area.  
8:30 AM Meet-up for coffee and breakfast.  
9:00 - 2:00 trail riding. Plan on 10-15 miles of riding.

**\*\*Note that trail riding locations are subject to change, based on trail and weather conditions.\*\***

Lunch and snacks included. For this camp, we expect participants to be able to drive themselves from downtown Fruita to the trailheads. If that is not possible, please let us know and we'll gladly help you out.

### **Cost:**

Participants may choose to participate in group camping or not. Camping will be in a developed campground near downtown Fruita.

### **Cost Includes:**

- Experienced, professional guides & coaches
- All daily transportation to and from trailheads
- All lodging, if chosen
- Daily lunches, snacks, and happy hours
- Goody Bag

### **Cost Does Not Include:**

- Transportation to and from Fruita, Colorado
- Hotel costs before and/or after scheduled trip dates
- Trip cancellation insurance

Personal equipment and clothing  
Guide gratuity